

Accredited by Korean Medical Association

2021 Asia Pacific Anti-Aging Conference

3, 4, 5 December

Join us online at 9:00 a.m. KST

www.apantiaging.org
Offline EXCO, Daegu, South Korea



APAAC 2021
Asia Pacific Anti-Aging Conference



Greetings



Greetings from Daegu, Korea!

On behalf of the Asia Pacific Anti-Aging Society, I am pleased to cordially invite you to Daegu, the venue for the 4th Asia Pacific Anti-Aging Conference. My name is Dae-gu Son, the President of Asia Pacific Anti Aging Society (APAAS).

“Water for those who need water and coffee for those who need coffee”

I wish all of you good health amid the ongoing COVID-19 pandemic.

Following the unexpected chaos last year, we have realized the importance of everyday life. However, human wisdom is so extraordinary that even the unprecedented struggle has paved the way to a new normal.

Launched four years ago, APAAS has reorganized its conference, making every preparation for the fourth meeting increasingly informative and customized. It aims to find the answers to your questions, provide solutions to your difficulties, and most of all, open channels for us to work together to come up with relevant solutions. Please come and join us. Let us know about your concerns and challenges.

For more updated news, feel free to visit our website. We would like to keep in contact with you through this communication channel.

A stout heart tempers adversity. I believe we all will be able to overcome this crisis and create a new change.

Best wishes,

Dae-gu Son

*President of Asia Pacific Anti-Aging Society
Prof. of Keimyung University Dongsan Hospital*

Program at a Glance

		Dermatology	Plastic Surgery	Hair Transplantation	Dentistry	Hospital Management	Public Session
DEC. 3 rd	AM		Lectures			Lectures	
		Opening Ceremony					
	PM		Lectures			Medical experience & Hospital inspection	Lectures
DEC. 4 th	AM	Lectures		Lectures	Lectures	Lectures	
	PM	Lectures	Lectures	Lectures	Lectures & Hands-on	Lectures	
DEC. 5 th	AM	Live Surgery-Video Lectures	Live Surgery-Video Lectures	Live Surgery-Video Lectures	Lectures		
	PM				Lectures & Hands-on		



DERMATOLOGY

- Treatment methods for skin tumors and diseases
- Lectures and live surgeries for obesity, scar treatment and brightening with focus on practical technique and procedures



PLASTIC SURGERY

- The up-to-date plastic surgery techniques of Korea and the leading trends in four fields: minimal invasive anti-aging procedures, face lift, brow lift and fat graft



HAIR TRANSPLANTATION

- Introducing a new multi-hair implanter and covering recent studies on the follicular unit extraction (FUE) technology



DENTISTRY

- Effective clinical use of face scan and digital prosthetic treatment, socket preservation, GBR technique for advanced tissue augmentation treatments in oral maxillofacial implant treatment



PUBLIC SESSION

- Lectures on the practical anti-aging management
- Industrial session; Korean anti-aging techniques including device-assisted skin care, fitness trends, and weight-control drug therapy



DERMATOLOGY



Prof. Won Ju Lee

*Chair of Dermatology Program
Committee,
Dept. of Dermatology, Kyungpook
National University Hospital*

As Korea was the first country in Asia to hold the ISDS(International Society for Dermatologic Surgery) and half of the 170 speakers were Korean doctors, Korean dermatology can be said to be world-class. Likewise, of the 200 overseas doctors attending the 2019 APAAC, 100 doctors signed up for the dermatology program.

Korea's best dermatologists from Kyungpook National University Hospital will demonstrate amazing treatment methods for skin tumors and diseases. Besides, the International and domestic top dermatologists from prestigious medical schools and famous dermatology hospitals will conduct lectures and live surgeries for obesity and scar treatment and brightening, with focus on practical techniques and procedures.

Led by these excellent instructors, the 2021 APAAC Dermatology Program will help doctors and participants acquire K-beauty dermatology techniques.

Asian Cosmetic Dermatology Symposium & Live Surgery Workshop

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Session 1		Session Chair: Seok Jong Lee	
09:00-09:30	What's new in the treatment of atopic dermatitis?	Yong Hyun Jang	Kyungpook National University School of Medicine
09:30-10:00	Psoriasis and aging	Kyung Duck Park	Kyungpook National University Hospital
10:00-10:30	Which "Hemangioma" can be treated?-Correct classification can help it.	Seok Jong Lee	Kyungpook National University Hospital
10:30-11:00	Microneedle with radio frequency, a time-tested approach with a new twist in anti-aging	Sandy Chris Lee Tan	The Skin Inc Dermatology and Laser Center, Philippines
Session 2		Session Chair: Yong Hyun Jang	
11:10-11:40	Treatment of various forms of cysts in dermatology	Jun Young Kim	Kyungpook National University Hospital
11:40-12:10	Clinical application of ultrasound in dermatology	Dae Lyong Ha	Kyungpook National University School of Medicine
12:10-12:40	Tipis for keloid treatment	Won Serk Kim	Kangbuk Samsung Hospital
Session 3		Session Chair: Weon Ju Lee	
13:30-14:00	Effect of a new cryotherapy device on ITCH, inflammation, and pigmentation	Weon Ju Lee	Kyungpook National University Hospital
14:00-14:30	Filler complications & some considerations for cutaneous and aesthetic surgeries during COVID-19 pandemic	Chong Hyun Won	Dept. of Dermatology, Ulsan University, School of Medicine
14:30-15:00	Energy-based devices for the treatment of aging skin	Chang Hun Huh	Seoul National University Bundang Hospital
15:00-15:30	The latest trends in dermatological anti-aging treatments	Pok Kee Min	JCI AllforSkin Dermatology Clinic
Session 4		Session Chair: Kyung Duck Park	
15:40-16:10	Is genetic prediction for male pattern baldness possible?	Byung Cheol Park	Dankook Medical College
16:10-16:40	Facial volumizing technique using L-poly lactic acid (Sculptra®)	Young Wook Ryoo	Keimyung University School of Medicine
16:40-17:10	Female hairline correction with laser epilation	Ji Soo Ahn	Modelo Dermatology Clinic

Dec. 5 2021			
Time	Lecture	Speaker	Affiliation
Session 5		Session Chair: Jun Young Kim	
10:00-11:00	Transdermal drug delivery	Chang Hun Huh	Seoul National University Bundang Hospital
11:00-12:00	Filler 1 - Basic	Young Wook Ryoo	Keimyung University School of Medicine
Session 6		Session Chair: Seong Geun Chi	
13:00-14:00	Filler 2 - Advanced	Pok Kee Min	JCI AllforSkin Dermatology Clinic
14:00-15:30	Treatment of dermatology disorders with laser devices	Seong Geun Chi	JCI AllforSkin Dermatology Clinic
15:30-16:10	Botulinum toxin	Weon Ju Lee	Kyungpook National University Hospital



PLASTIC SURGERY



Dr. Tae Mo Kim

*Chair of Plastic Surgery Program
Committee,
V Plastic Surgery Clinic*

The 4th APAAC will be hosted in medical city, Daegu which leads the way in medical technology and services, this year. The Plastic Surgery Program has provided the new and various contents changing the theme every year since 2018.

This year, 14 specialists will lecture you about the newest plastic surgery techniques of Korea and the leading trends in four fields; minimal invasive anti-aging procedures, face lift, brow lift and fat graft.

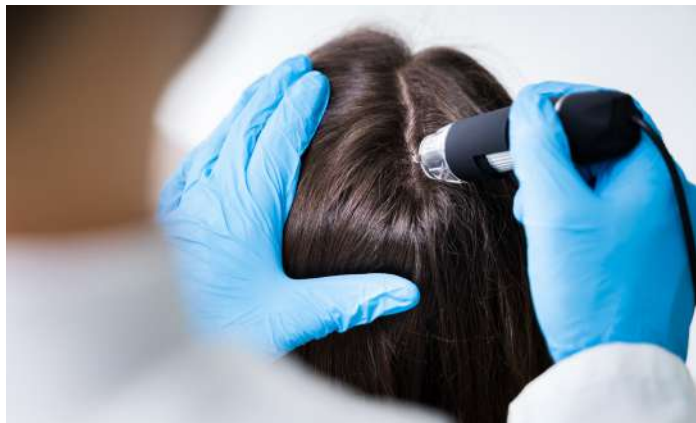
The online and the live video session will be substituted for the meeting of APAAC and the live surgery session, respectively due to an unexpected worldwide outbreak of COVID-19. But, we try to give you better information with the live video in many aspects. The live video session will give participants more surgical information and help you to get the new techniques about anti-aging procedures.

2021 Asian Anti-aging Cosmetic Surgery : Invasive and Minimal Invasive Procedures

Dec. 3 2021			
Time	Lecture	Speaker	Affiliation
09:25-09:30	Opening Remarks	Tae Mo Kim	V Plastic Surgery Clinic
Session 1: Minimal Invasive Anti-aging Procedures		Session Chair: Won Seok Choi	
09:30-09:50	The new trends in minimal invasive anti-aging procedures	Won Seok Choi	V Plastic Surgery Clinic
09:50-10:10	The thread lift I : Periorbital rejuvenation using threads	Hong Yeul Kim	BL Plastic Surgery Clinic
10:10-10:20	Q & A		
Session 2: Face Lift		Session Chair: Sung Ho Kim	
10:40-11:00	Personal approach with various face lift techniques in different faces	Sung Gun Bae	BL Plastic Surgery Clinic
11:00-11:20	The short incision high SMAS facelift	Joon Hyun Cho	Jayunmiin Plastic Surgery Clinic
11:20-11:40	Extension of modified deep-plane facelift	Sung Ho Kim	V Plastic Surgery Clinic
11:40-12:00	The extended SMAS facelift: key steps in Asian facial rejuvenation	Hoi Joon Jeong	Joseph Plastic Surgery Center
12:00-12:10	Q & A		

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Session 3: Brow Lift		Session Chair: Tae Mo Kim	
13:30-13:50	Hybrid endoscopic forehead lift	Jae Min Jung	V Plastic Surgery Clinic
13:50-14:10	Direct brow lift by suprabrow incision	Tae Mo Kim	V Plastic Surgery Clinic
14:10-14:30	Subbrow lift using suspension to frontalis muscle	Hyun Ji Kim	SUIBI Plastic Surgery Clinic
14:30-14:40	Q & A		
Session 4: Fat Graft		Session Chair: Peter Chan Woo Kim	
15:20-15:40	Clinical use of fat grafting and adipose stem cells for antiaging treatment	Jae Ho Jeong	Oblige Plastic Surgery Clinic
15:40-16:00	Personal experience of ultrafine microfat graft using fat delivering device	Peter Chan Woo Kim	EFIL Plastic Surgery Clinic
16:00-16:20	Micro and nano fat grafting: Clinical applications	Han Young Yoon	V Plastic Surgery Clinic
16:20-16:40	Composite breast augmentation	Cheng-Han Hsieh	MerryLife Plastic Surgery Clinic, Taiwan
16:40-16:50	Q & A		

Dec. 5 2021			
Time	Lecture	Speaker	Affiliation
Video Session : Face Lift		Session Chair: Sung Ho Kim	
09:30-10:30	The short incision high SMAS facelift	Joon Hyun Cho	Jayunmiin Plastic Surgery Clinic
10:30-11:30	Extension of modified deep-plane facelift	Sung Ho Kim	V Plastic Surgery Clinic
11:30-12:30	The extended SMAS facelift	Hoi Joon Jeong	Joseph Plastic Surgery Center
Video Session : Minimal Invasive Procedure, Brow Lift, and Fat Graft		Session Chair: Jae Min Jung	
13:30-14:30	Direct brow lift by suprabrow incision	Tae Mo Kim	V Plastic Surgery Clinic
14:30-15:30	Hybrid endoscopic forehead lift	Jae Min Jung	V Plastic Surgery Clinic
15:30-16:30	Micro and nano fat grafting: Clinical applications	Han Young Yoon	V Plastic Surgery Clinic



HAIR TRANSPLANTATION



Prof. Moon Kyu Kim

*Chair of Hair Transplantation
Program Committee,
KNUH Hair Transplantation Center*

With 30 years of history, the hair transplantation field in Daegu is proud to lead the global hair transplant technology with continuous technology development, such as the development of hair follicle group-based hair transplantation and implanter and, recently, multi hair implanter.

This conference is going to introduce a new multi hair implanter and cover recent studies on hair follicle regeneration as well as the follicular unit extraction (FUE) technology.

Moreover, this event will provide an opportunity to exchange new hair transplant technologies and studies through professional presentations by well-known domestic and foreign doctors in the field and live surgery sessions.

We hope that all people interested in hair transplantation will join this conference and seize the opportunity to collaborate with renowned hair transplant doctors locally and abroad.

Hair Transplantation

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
09:00-09:05	Opening Remark: Introduction	Moon Kyu Kim	KNUH Hair Transplantation Center
Session 1: Invited Lectures		Session Chairs: Ji Won Oh, Moon Kyu Kim	
09:05-09:20	Hair cloning : A key for Alopecia	Rattapon Thuangtong	Siriraj Hospital Mahidol University,Thailand
09:20-09:35	Nagai's hair transplantation method for all areas, including the head, eyebrows and scars	Masahisa Nagai	Hair and skin clinic group, Japan
09:35-09:50	The new era of FUE: hybrid punch	Alan Liu	Mojerim Hair Surgery, Taiwan
Session 2: Hair Science		Session Chairs: Byung Cheol Park, Jin Wook Jung	
09:50-10:05	Scalp development pattern	Ji Won Oh	KNUH Hair Transplantation Center
10:05-10:25	Female pattern hairloss	Byung Cheol Park	Dankook University Hospital
10:25-10:40	The functions and epigenetic regulations of hair follicle stem cells	Han Seul Yang	KAIST, Department of Biological Sciences
Session 3: Implanter		Session Chairs: Kwang Young Kang, Gun Park	
11:00-11:10	History of implanters	Jung Chul Kim	KNUH Hair Transplantation Center
11:10-11:25	Development of multi-implanter	Moon Kyu Kim	KNUH Hair Transplantation Center
11:25-11:40	Hair transplantation using multi-implanter in MPHL	Jin Wook Jung	Dermo Hiarplant Mijiye Skin Clinic
11:40-11:55	KNU multi-implanter in FUE hair transplantation	Kwang Young Kang	Moraenae Dermatology and Hair Transplantation Center
Session 4: FUE		Session Chairs: Jae Hyun Park, Hyung Suk Kim	
13:00-13:15	Introducing new FUE punch device (Bluetooth, multiphasic, long hair, fingertip touch sensor)	Jae Hyun Park	Dana Plastic Surgery Clinic
13:15-13:30	Fine adjustments of punch to improve the graft quality in FUE	Hyo Kang	Miracle Hair Restoration Clinic
13:30-13:45	Temporal peak creation with long hair FUE technique	Seung Hyun You	Dana Plastic Surgery Clinic
13:45-14:00	Trumpet shape(lateral axis) punching needle in FUE	Jong Pil Choi	JP Plastic Surgery Clinic
14:00-14:15	Follicular unit excision with flat punch	Hyung Suk Kim	Maxwell Dermatology Clinic
14:15-14:30	Combining follicular unit extraction with scalp micropigmentation	Jino Kim	New Hair Institute
14:30-15:00	Panel discussion for FUE		
Session 5: Tips for Hair Transplantation Surgery		Session Chairs: Ji Sup Ahn, Dong Pill Shin	
15:20-15:35	Sharp needle implanter & Premade incision technique for scarring alopecia	Ji Sup Ahn	Dr.Ahn Hair Transplant Clinic
15:35-15:50	Columnar Trichophytic Suture	Gun Park	Centum Mobigs Dermatologic Clinic
15:50-16:05	Direction, angle and curl of transplanted hair during eyebrow transplantation surgery	Dong Pill Shin	The BLACK Hair Transplant
16:05-16:20	Histological analysis for the cause of kinky hair after hair transplantation	Su Ho Park	Mojelim Plastic Surgery
16:20-16:40	How to prevent popping in FUE surgery	Hwa Jung Yoo	MODI Hairplant Clinic
16:40-16:55	Tips for Hair Transplantation Surgery	Zhang Long	Hospital of Shanxi University of Chinese Medicine

Dec. 5 2021			
Time	Live Surgery Workshop	Speaker	Affiliation
09:00-10:00	Op. Case : Male alopecia case : Shaven FUE with new intelligent graMAX FUE punch (graMAXTM : Bluetooth, multiphasic, long hair, fingertip touch sensor)	Jae Hyun Park	Dana Plastic Surgery Clinic
		Moderator: Moon Kyu Kim	
10:00-11:00	Female hairline	Ji Sup Ahn	Dr.Ahn Hair Transplant Clinic
		Moderator: Jin Wook Jung	
11:00-12:00	Multi-Implanter in FUE graft	Kwang Young Kang	Moraenae Dermatology and Hair Transplantation Center
		Moderator: Gun Park	



DENTISTRY



Jae Mok Lee

*Chair of Dental program
Committee*

*Dept. of Periodontology,
Kyungpook National
University Dental Hospital*

The topic of the oral maxillofacial program of APPAC 2021 is advanced tissue augmentation technique & digital dentistry in oral maxillofacial implant treatment.

With the recent advent of a wide variety of computer-assisted techniques, digitalization has become increasingly prevalent in the field of prosthodontics and implant surgery. Digital computer-assisted technologies streamlines the production of implant prostheses, providing outcomes comparable to the conventional techniques in terms of the survival and complications related to the prostheses. Recently, patients who loss their teeth want to install implants. If there are good quality and quantity of alveolar bone, dentists can put in easily. We will look at the methods of how to reduce the chance, materials for GBR and the amount of lateral and vertical augmentation in this course.

We are preparing important practice courses and introducing recent new techniques for above 2 days like effective clinical use of face scan and digital prosthetic treatment, socket preservation, GBR technique for advanced tissue augmentation treatments in oral maxillofacial implant treatment for dentist as well as lectures.

Advanced Tissue Augmentation & Digital Dentistry in Oral & Maxillofacial Implant

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Session 1: Digital Dentistry In Restorative Treatments		Session Chairs: Dong Kuk Ahn, Jeong Gi Shin	
9:30-10:10	Dental rehabilitation & Anti-aging	So Yeun Kim	Kyungpook National University Dental Hospital
10:20-11:00	Understanding of digital complete denture	Jung Jin Lee	Jeonbuk National University Dental Hospital
11:10-11:50	Clinical application and effectivity of virtual patients from multimodal data integration	Ji Man Park	Seoul National University Dental Hospital
12:00-12:40	Soft tissue considerations around teeth and implants for long-term health and esthetics	Dong Woon Lee	VHS Medical Center
Lectures & Hands-On		Moderator: Du Hyeong Lee	
14:00-14:30	Esthetic diagnosis and treatment planning in the era of digital dentistry	Hang Nga Mai	Kyungpook National University Institute for Translational Research in Dentistry
14:30-17:00	Digital Era, Digital Transformation: Key factors in prosthetic treatments	Du Hyeong Lee	Kyungpook National University School of Dentistry
	Hands-On		
	Digital workflow (Face scan, Image merging, Intraoral scan, Chairside CAD, 3D printing)		

Dec. 5 2021			
Time	Lecture	Speaker	Affiliation
Session 2: Socket Preservation & GBR In Implant Dentistry		Session Chairs: Young Joon Cho, Jae Mok Lee	
9:30-11:00	Guided Bone Regeneration	Philip Y. Kang	Columbia University College of Dental Medicine
11:00-12:00	Updates in extraction socket grafting for implant Tx. from ridge preservation to regeneration	Jung Seok Lee	Yonsei University College of Dentistry
12:00-12:30	Q&A		
Hands-On		Moderator: Sang Heum Baek	
13:30-14:10	GBR with a focus on Ti-mesh	Young Joon Cho	Mac Dental Clinic
14:20-15:00	Tension controlled suture for GBR	Yong Tak Jung	Mac Dental Clinic
15:00-17:30	Model Practice (GBR & Suture tech. etc) Q & A	Young Joon Cho	Mac Dental Clinic
		Jae Mok Lee	Kyungpook National University Dental Hospital
		Philip Y. Kang	Columbia University College of Dental Medicine



HOSPITAL MANAGEMENT PROGRAM



Dr. Won Seok Choi

*Chair of Hospital Management
Program Committee,
V Plastic Surgery Clinic*

Today, the healthcare market is becoming more competitive. As time goes by, competition intensifies, and the medical market in particular for beauty is now fully into the red ocean market. Therefore, the price is downed, the marketing cost is increased, and the profile is deteriorated. In today's healthcare market, where consumer choice has become very important, marketing, strategy and management are very important as well as treatment or procedure method. The APAAC's hospital management session covers the management and strategy of Korean hospitals. It also introduces Korea's famous plastic surgery and dermatology clinics through online fam tour. The APAAC hospital management session will greatly upgrade your hospital management.

Hospital Management Program

Dec. 3 2021			
Time	Lecture	Speaker	Affiliation
Session 1			
9:30-10:30	Present and future: Body obesity clinic	Yoon Seo Kim	V Plastic Surgery Clinic
10:50-11:50	Management strategy based on MOT	Jae Young Park	BL Plastic Surgery Clinic
13:00-14:00	Oracle dermatology·plastic surgery overseas expansion and Korean hospitals' overseas expansion plans and precautions	Young Woo Ro	Cheongdam Oracle Dermatology
13:30-14:10	The health and sustainable development of public medical beauty	Yu Wenjuan	The Second Affiliated Hospital of Xi'an Medical College, China
Session 2			
14:10-15:10	Online facility tour	Seong Geun Chi	AllforSkin Dermatologic Clinic
15:10-15:40		Jae Young Park	BL Plastic Surgery Clinic
15:40-16:10		Hyuk Jun Kwon	Joseph Plastic Surgery Center

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Session 3			
9:30-10:30	Hospital management & Trend in the medical market	Il Shin Jung	V Plastic Surgery Clinic
10:50-12:00	Healthcare branding in the new normal era - Hospital digital twin strategies for social metaverse	Seung Chul Yoo	Ewha Womans University
Session 4			
13:00-14:00	Changes in korean beauty clinic marketing trend & changes in global patient trends	Seung Chul Yang	SC company
14:00-15:00	Petit & medical device combination therapy for face contouring	Yong Jung Son	BL Coms
15:20-16:20	Customer management for increasing sales without advertisements	Ji Seon Park	Hospital Consulting SEMA Group
16:20-17:20	Effective reward systems	Young Sil Pi	Hospital Consulting SEMA Group



PUBLIC SESSION



Prof. Jong Min Lee

*Chair of Hospital Public Session
Program Committee,
Dept. of Radiology, Kyungpook
National University School of
Medicine*

The Asia Pacific Anti-Aging Conference (APAAC) is Korea's only medical conference that offers public session which is open to all specialities. In the 2021 APAAC's public session, renowned professors from Kyungpook National University Hospital and other prestigious medical schools will provide lectures on the practical anti-aging management.

In addition, industrial session will give you opportunities to experience high-tech products. These practical and in-depth contents will offer you amazing Korean anti-aging techniques including device-assisted skin care, fitness trends, and weight-control drug therapy.

Public Session

Dec. 3 2021			
Time	Lecture	Speaker	Affiliation
13:30-13:40	Welcome Remarks	Jong Min Lee	Kyungpook National University School of Medicine
Session 1: Skin Care Technology Updates		Session Chair: Chul Ho Won	
13:40-14:00	Tappy Tok Tok	Nyeon Sik Eum	U-BioMed Inc
14:00-14:20	History of modeling mask	Kyung Hwan Kim	SLC
14:20-14:40	A novel transdermal drug delivery system: Hydroethosome® for cosmetic applications	Yu Mi Kim	BINOTEC
Session 2: Physical Activity for Anti-aging		Session Chair: Jong Min Lee	
14:40-15:00	ACE2 and skeletal muscle in COVID-19 era	Yu Sun Min	Kyungpook National University School of Medicine
Session 3: Medicine and Diet		Session Chair: Hae Jin Ko	
15:00-15:20	The pros and cons of the coenzyme q10 supplements for young and healthy skin	Ha Na Moon	Daegu Catholic University School of Medicine
15:20-15:40	Health & Antiaging benefits of probiotics	Hae Young Kim	Healthy Aging Center, Gangnam Major Clinic
15:40-16:00	Low-carbohydrate diet to lose weight	Hye In Choi	Kyungpook National University Hospital
Session 4: Oriental Medicine		Session Chair: Hee Kyung Kim	
16:00-16:20	Development of moisturizer for reducing the itching feel in senior dry skin by reinforcing the skin barrier function physically	Chan Ik Park	Daegu Haany University
16:20-16:40	The control of skin aging by genetic factors, and natural/synthetic compounds	Kyoung Mi Moon	Gyeongsang National University College of pharmacy
16:40-17:00	Facial acupuncture	Jae Soo Kim	Daegu Hanny University
Session 5: Mental Anti-aging		Session Chair: Jyung Hyun Lee	
17:00-17:20	How to prevent cognitive decline and dementia	Hyon Ah Yi	Keimyung University Dongsan Hospital
17:20-17:40	Overcoming stress	Sang Won Lee	Kyungpook National University Chilgok Hospital
17:40-18:00	Adjourn	Jyung Hyun Lee	Kyungpook National University Chilgok Hospital

The 2021 Asia Pacific Anti-Aging Conference



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